

Workshop 1

Title: Emotional and cognitive functioning of institutionalized older adults

- This course aims to enable students to reflect on the changes associated with the institutionalization process in older adults;
- The students will understand the emotional changes during the institutionalization and the importance to prevent/intervent in depression and anxiety;
- This course also aims to enable students to understand the cognitive changes of the older adults and the importance to prevent/intervent on cognitive decline.

Workshop 2

Title: Subjective Wellbeing, quality of life and spiritual wellbeing in older adults

- This course aims to approach the importance of spiritual wellbeing and its association with subjective wellbeing and quality of life of the older adults;
- The students should be able to distinguish religiosity from spirituality and analyze these variables in a developmental way;
- This course also aims to enable students to understand the role of spirituality in the aging process.

Workshop 3

Title: Neuropsychological Rehabilitation of older adults

- This course aims to promote the knowledge of the cognitive changes in the aging process;
- The students will be able to understand the cerebral changes of the older adults;
- The students will learn rehabilitation strategies and its influence on the cognitive and emotional functioning of the older adults.